

*Thank you for your interest in playing a key role in shaping the future of one of Scotland's leading community health social enterprises.*



Deadline 25 September 2019 | Voluntary position | 100 hours per year

### **Our client's health journey with Healthy Options is 'Life Changing'**

At Lorn and Oban Healthy Options Ltd. (Healthy Options), we deliver a range of community health initiatives which support people to improve their health and wellbeing. Our mainstream programme supports 400+ people per year with chronic/long term conditions to control manage or improve their health – often the improvement is 'Life Changing'. We do this through using social prescriptions (non-medical prescriptions). We have between 135 and 160 clients engaging in Healthy Options each month, with 1,000 health interventions per month being attended.

### **What are our values?**

- We believe in the ability of individuals and communities to positively impact on our nation's health
- We believe in a culture of collaboration between NHS, statutory bodies and third sector organisations, communities and individuals
- We enable a culture of personal growth, challenging assumptions, developing new approaches
- We innovate and stay curious, creating connections to seize opportunities around a shared excitement for what could be possible
- We lead by example with honesty and transparency
- We trust and respect the skills, specialism and contribution of everyone we work with

### **Who are we looking for?**

We want to recruit up to three board members with varied personal and professional characteristics and experiences. We are seeking people with shared values around improving the health of our community through social prescribing, education and awareness programmes, but with different ways of thinking and doing things.

As well as having the wider professional skills and experiences that we need on the board we also want a board that reflects and understands the people that we serve.

**We are particularly interested to hear from applicants with experience in the following areas:**

- **Communication/Marketing and Social Media**
- **Finance**
- **Community engagement - support and funding**

We will choose the candidates who, overall, offer the best contribution and fit with our values. Relevant skills and experience are important but previous board experience is not essential, nor is a long career at a senior level. Applications from first-time board members are welcomed. All board members will be given a full induction and will be supported to maximise the value of their contribution. Through this recruitment process, we will also be considering whether some applicants who are not chosen for a board role might be open to a committee or advisory role with Healthy Options.

### **What does being a board member mean?**

As a board member you will work with our Chair, fellow board members and our Development Manager to contribute towards the future of the organisation.

Your work will help ensure that we continue to deliver a high-quality service and encourage innovation to improve the health of our communities.

This is an unpaid position though any expenses incurred in this role will be refunded.

**You will be legally responsible for the organisation and will be supported in fully understanding how to carry out your role. You will provide ideas, insight, feedback, and will challenge to help increase our reach and impact.**

### **What is the time commitment?**

Approx. 100 hours per year, including:

- Up to 12 board meetings (of 2 hours) a year
- Up to 12 sub-committee (team) meetings (of 2 hours) a year
- Additional time for the required preparation
- One annual review/away meeting up to 8 hours
- Over their time on the board, board members are expected to represent Healthy Options at networking and other events
- On occasion, and matching their skills, board members are expected to offer direct support to high level or operational projects

### **Before you apply**

If you wish to speak with us informally before applying then please email [roy@lornhealthyoptions.co.uk](mailto:roy@lornhealthyoptions.co.uk) to arrange a time to speak with or meet our Chair or a Board Member.

**Applications** in the form of a brief CV outlining relevant experience and a statement explaining your interest in joining the board should be made by email to [roy@lornhealthyoptions.co.uk](mailto:roy@lornhealthyoptions.co.uk) by **Friday 25<sup>th</sup> October**. We will be in touch after the 25<sup>th</sup> October to arrange a meeting with suitable candidates.

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